



## Caucasus University

### Caucasus School of Humanities and Social Sciences

Tite of the educational program	Klinikuri art Terapia					
Tite of the educational program in the English language	Clinical Art Therapy					
Level of the higher education	Master's degree level					
Type of the educational program	Academic					
The language of teaching	Georgian					
Qualification to be awarded, Code						
In Georgian:		კლინიკური ფსიქოლოგიის მაგისტრი (0313)				
In English:		Master in Clinical Psychology (0313)				
Date of the program approval		Order of the President of Caucasus University #01/01-53 01.08.2019				
Date of the program renewal		Order of the President of Caucasus University #01/01-31 21.04.2020				
Program head		Natia Panjikidze, Associate Professor of Caucasus University Under order of the President of Caucasus University #01/01-52 01.08.2019				

### **Program Volume in Credits**

The Master's degree academic program in Clinical Art Therapy is comprised of 120 ECTS with 60 ECTS per year and 30 ECTS per semester. Consequently, the expected duration of the program is two years. The academic year is based on the semester principle. Each semester is a combination of educational weeks, weeks for taking additional exams and the weeks for evaluating students' performance (papers). Each academic year is a combination of semesters including a period for vacation. 1 ECTS equals to 25 hours including class hours (contact hours) (lectures, classes, seminars, practical work, etc.) and hours for ndependent work (preparing for the midterm and final examinations, homework assignments and presentations).

After expiration of the standard duration of the parogram in Clinical Art Therapy, the students with academic debts are allowed to pursue education in the additional semesters (not more than 6) and retain the student status.

The Master's degree program in Clinical Art Therapy is comprised of 120 ECTS of which 65 ECTS credits are for mandatory courses in the specialty, 30 ECTS credits are for the Master's thesis and 25 ECTS credits for optional specialty courses, which can be opted for out of 70 ECTS credits of the optional specialty courses.

### Precondition of admission to the Program

The precondition for admitting to the Master's degree program is having at least Bachelor's or any other equalled academic degree in Psychology/psychiatry, Master's Degree Examination results and the internal University examination (testing/interviews).

At the internal University examination, the applicants shall be evaluated by the admission commission with a 100 point scale, out of which 60 points are assigned to the Master's (Graduate) Examination results while 40 points can be earned at the interview with the admission commission (the applicant's motivation, alaytical thinking skills, logical reasoning and communication skills are evaluated).

For enrolling on the program, the applicants shall submit a certificate to prove the English language knowledge (B2 level CEFR) (TOEFL, IELTS, CAE, TOEIC, FCE (Grades A, B), CPE or other certificates if valid) or take an interview with the English language examination commission at the University. The applicants whose diploma supplaments confirm their B2 level qualification in the English language or graduates of the English language Bachelor's and Master's degree educational programs are exempt from the requirement of submitting the above-mentioned certificates of the English language or taking the internal University examination in the language.

In the case the students wanting to use their right to mobility and enrol at Caucasus School of Humanities and Social Sciences, the question is studied and the final decision is reached by the Master's Program Director and the School Dean. In the case they find the student elligible, the student enrols on the program after the President's relevant order is issued.

### The Program Qualification Description

### Program goals

The aim of the program is to introduce students to the method of art therapy, which is widely used and implemented in mental therapy around the world and prepare specialists of clinical psychology with specialization in art therapy.

The program encompasses a combination of educational courses, which ensure establishment of the worldview and systemic thinking of art therapy and makes the program goals and objectives attainable.

By implementinging Master's program in Clinical Art Therapy, Caucasus University and Caucasus School of Humanities and Social Sciences ensure future-oriented education meeting modern standards; prepares students for using mobility in the international educational space; it supplies the labor market with graduates committed to the principles and values of humanity and democracy.

## Program learning outcomes

After completing Master's Educational Program, the student has the following competencies:

#### Outcome 1.

- Knows all the symptoms of all diagnosis according to DSM 5; has a deep knowledge of different types of psychical disorders and distinguishes them;
- Knows somatoformic, dissociative, dysmorphic disorders, mood-swings, bipolar, eating and sleeping disorders and all the other psychical disorders classified by DSM newest revision; knows their couses and modern therapeutic approaches;
- Is able to identify psychical disorders and select appropriate psychotherapetic methods;
- Has a deep knowledge of substance-related disorders and ways of their treatment;
- Has an in-depth knowledge of the contents of mental disorders.

**Outcome 2.** The graduate has developed expressive, metaphoric, symbolic and associative thinking. He/she can diagnose and opt for a strategy of working with methods of art therapy with patients; is able to carry out psycho correction, evaluate the process and the achieved interim and final results.

- Has skills to get involved in a creative conversation with the patient;
- Has skills to comprehend contents of art therapeutic work created by the patient and speak about arts;
- Has skills to distinguish among diagnosis according to the stereotypical patterns and comprehend peculiarities of disorders;
- Has skills to decide which art therapeutic approach to use to contnue psycho correction.

**Outcome 3.** The gradute follows the norms of professional ethics when working with patients. Has skills to inspire patients and involve them in the therapy.

### Indicators:

- Knows ethics of working with patients, keeps confidentiality of the patient's information and respects his/her personallity;
- Knows how to deal with patients and is able to conduct a primary clinical

interview;

 knows how to offer and how to get the patients interested in the therapeutic process according to the types of diagnosis.

**Outcome 4.** Has a broad knowledge in humanities, which allows him/her to have a broad horizon and various strategies of handling each case individually. As the humanbeing is in the center of every discipline of humanities, a broad education in humanities allows him/her to identify a mental problem and find ways of its solution.

#### **Indicators:**

- Knows basic terms of literary studies, arts, philosophy and theology; has learned the history of development of these sciences; has a deep knowledge of the terms envisaged by the relevant syllabi;
- Knows the developmental stages and epochs of literature, arts, philosophy and theology; is able to detect their interrelation and generalize stages of their development; identfy links among these fields and characterize the spirit of the epochs;
- Has read literary pieces of the most prominent writers and is able to identify
  their place in the world literature; knows all the epochal events and can
  identify their impact on different spheres of culture; is familiar with all the
  major philosophical schools and movements from the period of antiquity until
  present day; has a deep knowledge of Christianity, its influence on various
  aspects of arts and the significance of spirituality in the life of modern men;
- Can give reasoned judgement on pieces of literature or works of art, a character or a topic by using appropriate and relevant terms; knows how "to read" a piece of art and how to assign it a relevant place in the general context (the epoch, historical background, influence, etc);
- Can independently prepare an essey/presentation on specific or general issues
  of humanitarian sciences by generalizing knowledge gained through learning
  all the courses in humanities;
- By learning humanitarian sciences, his/her horizon expands and he/she acquires humane and esthetic values.

**Outcome 5.** The graduate has acquired skills to carry out reasearch independently. Is able to independently plan and implement research projects and present research findings in writing by adhering to the acdemic norms and standards.

- Has an in-depth knowledge of modern research methods of social sciences; is able not only to share the knowledge but also to apply it;
- Is able to create a research design, form a research issue and hypotheses and opt for relevant research method(s); is familiar with data collection and procession techniques and is able to evaluate the data validity and reliability;
- Is able to independently carry out field activities; process and analyze data secured through empirical research;
- Is able to identify information sources (bibliography, documents, web pages) and obtain additional information through applying relevant methodology;
- Is able to prepare a comprehensive report on the research findings and present

well-structured academic paper in writing; is able to present and defend outcomes of the research carried out by him/her in front of scientific community.

**Outcome 6.** The gradute can taken on the function of multiplicator and facilitate development and promotion of the field of science. The graduate performs a job beneficial to the whole society as he/she serves the mental health of an individual.

#### Indicators:

- Is able to track scientific novelties in his/her field of profession; familiarize with modern literature and research findings, analyze them and generate new ideas by relying on them.
- Is able to put the acquired knowledge in practice and share it with the members of his/her community;
- Is able to carry out his/her job professionally, promote individual's mental health and reduce the need of patients' hospitalization.

### Fields of employment

Graduates of Master's Program in Clinical Art Therapy can be employed anywhere in need of a psychotherapist/art therapist.

- Open and closed organizations of mental health;
- Children's hospice;
- Oncological clinics;
- Paliative centers;
- Penitentiary system;
- Disables persons unions;
- Higher education institutes and secondary and high schools;
- Non-Governmental organizations.

# Opportunities to pursue education

The graduates can pursue their education on the third level of higher education – for PhD academic degree.

# Evaluation System of Student's Knowledge

The aim of the evaluation is to assess to what extent the learning outcomes prescribed by the syllabus are reached. The student's evaluation consists of multiple components and evaluates the course goals and learning outcomes by applying measurable criteria and appropriate rubrics. The student's evaluation is based on four major principles: objectivity, trustworthiness, validity and transparency.

The students are evaluated according to two sets of evaluation: summative and formative. The aim of the summative assessment is to accurately evaluate the student's performance. It monitors quality of learning and the level of the student's achievement in relation to the goals set by the course. The formative assessment is oriented on the student's development. It gives students appropriate feedback on their achievements.

The evaluation system includes 100 points and envisages:

- a) Five types of positive grades:
  - a.a) (A) Excellent 91-100 points of assessment;
  - a.b) (B) Very good 81-90 points of maximal assessment;
  - a.c) (C) Good 71-80 points of maximal assessment;

- a.d) (D) Satisfactory 61-70 points of maximal assessment;
- a.e) (E) Sufficient 51-60 points of maximal assessment;
- b) two negative grades:
  - b.a) (FX) Did not pass -41-50 points of maximal assessment, which means the student needs to work harder and is allowed to retake the exam one more time after working independently;
  - b.b) (F) Fail 40 points or less of maximal assessment, which means the student's work is insufficient and he/she has to retake the course.

Students are awarded credits on the basis of the final evaluation comprising the scores of the interim and final exam assessments.

The attainment of student's learning outcomes considers the interim and final evaluations, for which relative proportions out of the total score (100 points) and a minimum competence level are allocated. Namely, out of 100 points, the interim results are allocated 70 points, while the final exam results are 30 points. In interim evaluations the minimum competency barrier to be reached is 59%. The interim evaluation includes assessment components, the total of which is 70 points. For each assessment component, the evaluation is based on the pre-determined learning goals, task-oriented clear criteria and the learning rubrics drawn on their basis. In the interim results the student has to accumulate at least 59% of the 70 points to be allowed to take the final exam. The student's final examination is passed, if he/she gets at least 60% of the total 30 points.

In case the student fails to overcome the minimum competency barrier of the final exam, he/she is allowed to retake the final examination. The student shall retake the final exam within the period prescribed by the academic calendar no later than 5 days after announcement of the results of the final exam.

the student totally scores 0-50 points or fails to overcome the minimum competency barrier set for any form of the evaluation (Interim/Final exam), he/she shall be given a grade of "F-0".

### Methods of Teaching and Learning

Different learning/teaching methods will be applied:

- Verbal, oral method;
- Explanatory method;
- Discussion-debates;
- Case studies;
- Problem-based learning;
- Working on books/articles;
- Group work;
- Written tasks: esseys, presentations
- Practical classes/workshops

### Human Resouces of the Program

- 1 Professor:
- 2 Associate Professors;
- 1 Assistant-Professor;
- 4 Invited specialits.

### Other Resouces of the Program

- Ltd "Living Museum"
- Ltd "Kamara"

- Non-entrepreneurial (Non-commercial) Legal Entity "Kamara"
- Non-entrepreneurial (Non-commercial) Legal Entity "Children's Hospice"
- I. Tsitsishvili Children's Hospital
- Ltd. Davit Tatishvili Medical Center

### Material-technical Base

- Library of the Caucasus University (9454 units of printed literature). There is an online catalog at the library as well Open Biblio-http://library.cu.edu.ge/opac/index.php and an online libraryhttps://ebooks.cu.edu.ge/which is designated for internal use. An e-mail address and a password issued by the Caucasus University are necessary to view the online library and download the material existing in the library.
- > Additionally, the library has access to the following networks:
  - a. EBSCO HOST
  - β. EBSCO HOST Connection
  - χ. World Higher Education Database WHED Portal
  - δ. HEDBIB the International Bibliographic Database on Higher Education
- ➤ The following resources are at the disposal of the university:
  - $\alpha$ . Computers  $\beta$ . All-in-One: 160  $\chi$ . Laptop: 20  $\delta$ . Netbook: 55  $\epsilon$ . Desktop PC: 125
  - φ. Projector: 60γ. Printer: 100
  - η. Xerox machines of the examination center 2 units of black and white, 1 color
  - 1. 500 units of network ports
  - φ. Wi-Fi
  - κ. Cisco network infrastructure
  - λ. IBM and HP servers

Computer classrooms: 7

### Financial Support of the Program

The funds necessary for the support of a Master's Program of Clinical Art Therapy are included into the budget of the Caucasus University.

## Program Curriculum

(With the indication of modules, courses, relevant credits)

					Study	Year		(V S)
					I II			
					ECTS (	Credits		ECTS
№	Course Code	Prerequisite	Course\ Module		II semester	I semester	II semester	
			Subjective and Professional Module (compulsory)	20	25	20	30	95
1.	PSYC 5160	None	Abnormal Psychology 1	5				5
2.	PSYC 5161	None	Fundamental Concepts of Psychoanalysis	5				5
3.	PSYC 5162	None	Art Therapy Theories					5
4.	HART 5160	None	World Art History (from beginning to present)					5
5.	PSYC 5260	PSYC 5160	Abnormal Psychology 2		5			5
6.	PSYC 5261	PSYC 5161	Fundamentals of Psychoanalytic Anthropology and Socium Clinic		5			5
7.	PSYC 5262	PSYC 5162	Art Therapy for Mental Disorders		5			5
8.	HART 5260	None	World Art History (modern era)		5			5
9.	QRP 5260	None	Qualitative Resaerch in Psychology		5			5
10.	PSYC 5360	PSYC 5260	Abnormal Psychology 3			5		5
11.	PSYC 5361	PSYC 5261	Psychoanalytic Psychopathology of Trauma and Traumatismes			5		5
12.	PSYC 5362	PSYC 5262	Art Therapy Methods			5		5
13.	PRAC 5360	PSYC 5260 PSYC 5261 PSYC 5262	Professional Practice			5		5

					Study	Year		.0 S
				]	[	II		ECTS
					ECTS C	Credits		C
№	Course Code	Prerequisite	Course\ Module		II semester	I semester	II semester	
14.	THES 5460	RES 5360	Master's Thesis				30	30
			Elective Subjects Module	10	5	10		25
15.	LIT 5160	None	Literature - Text Analysis	5				5
16.	LIT 5161	None	Motives and Stories of the World Literature	5				5
17.	PHIL 5160	None	Philosophy –Aestetic Upbringing and Idea of the Whole Human Being	5				5
18.	PHIL 5161	None	Philosophy – Philosophy and Art. Perspective of Critical Theory	5				5
19.	RES 5160	None	Research Desing and Methodology	5				
20.	PHIL 5260	None	Philosophy – Introduction to Soren Kierkegaard's philosophy		5			5
21.	PHIL 5261	None	Philosophy – the Issue of Interrelationship of Art, Religion and Philosophy in German Philosophy		5			5
22.	THEO 5260	None	Theology – Introduction to Christian Spirituality		5			5
23.	THEO 5261	None	Theology - Religious Motives and Stories		5			5
24.	THEO 5360	None	Theology - Christian Civilization			5		5
25.	THEO 5361	None	Theology – Angels or Demons, Kidness or Evil			5		5
26.	ANTR 5360	None	Psychological Anthropology			5		5
27.	SEMI 5360	None	Fundamantals of Semiology			5		5

					Study	Year	so s	
				]		II		ECTS
					ECTS (	Credits		C
N≥	Course Code	Prerequisite	Course\ Module		II semester	I semester	II semester	
28.	NAP 5360	QRP 5260	Narrative Analysis in Psychology			5		5
ECTS Credits	Semester		Per semester	30	30	30	30	
	ECTS Credits Pe				60 60		)	120

### **Program Hourly Calculation**

	№ Subject				Lecture			Seminar
№			Lecture	Seminar	Practicum	Midterm/Final Exam	among them preparation for	Subject
1.	Abnormal Psychology 1	5	15	9		4	2	95
2.	Fundamental Concepts of Psychoanalysis	5	16	8		4	2	95
3.	Art Therapy Theories	5	15	9		4	2	95
4.	World Art History (from beginning to present)	5	15	9		4	2	95
5.	Abnormal Psychology 2	5	15	9		4	2	95
6.	Fundamentals of Psychoanalytic Anthropology and Socium Clinic	5	16	8		4	2	95
7.	Art Therapy for Mental Disorders	5	15	9	12	4	2	83
8.	World Art History (modern era)	5	15	9		4	2	95
9.	Qualitative Resaerch in Psychology	5	14	10		4	2	95
10.	Abnormal Psychology 3	5	15	9		4	2	95
11.	Psychoanalytic Psychopathology of Trauma and Traumatismes	5	16	8		4	2	95
12.	Art Therapy Methods	5	15	9	12	4	2	83
13.	Professional Practice	5			41	4		80
14.	Master's Thesis	30						720
15.	Literature - Text Analysis	5	15	9		4	2	95
16.	Motives and Stories of the World Literature	5	15	9		4	2	95
17.	Philosophy –Aestetic Upbringing and Idea of the Whole Human Being	5	15	9		4	2	95
18.	Philosophy – Philosophy and Art. Perspective of Critical Theory	5	15	9		4	2	95
19.	Research Desing and Methodology	5	14	10		4	2	95
20.	Philosophy – Introduction to Soren Kierkegaard's philosophy	5	15	9		4	2	95
21.	Philosophy – the Issue of Interrelationship of Art, Religion and Philosophy in German Philosophy	5	15	9		4	2	95
22.	Theology – Introduction to Christian Spirituality	5	15	9		4	2	95
23.	Theology - Religious Motives and Stories	5	15	9		4	2	95
24.	Theology - Christian Civilization	5	15	9		4	2	95
25.	Theology – Angels or Demons, Kidness or Evil	5	15	9		4	2	95
26.	Psychological Anthropology	5	15	9		4	2	95
27.	Fundamantals of Semiology	5	15	9		4	2	95
28.	Narrative Analysis in Psychology	5	14	10		4	2	95

### Map of Learning Outcomes

		Learning Outcomes						
Semester	Course	LO 1.	LO 2.	LO 3.	LO 4.	LO 5.	LO 6.	
I	Abnormal Psychology 1	<u>High1</u>	Medium2	High		High	High	
I	Fundamental Concepts of Psychoanalysis	High	Medium	High		High	High	
I	Art Therapy Theories	High	High	Medium			High	
Ι	World Art History (from beginning to present)		High	Medium	High		High	
II	Abnormal Psychology 2	High	Medium	High		High	High	
II	Fundamentals of Psychoanalytic Anthropology and Socium Clinic	High	High	High		High	High	
II	Art Therapy for Mental Disorders	High	High	Medium		Low3	High	

 $<sup>^{\</sup>rm 1}$  Correlation is high between program's learning outcomes and subject .

<sup>&</sup>lt;sup>2</sup> Correlation is medium between program's learning outcomes and subject.

<sup>&</sup>lt;sup>3</sup> Correlation is low between program's learning outcomes and subject.

II	World Art History (modern era)		High	Medium	High		Medium
II	Qualitative Resaerch in Psychology					High	Low
III	Abnormal Psychology 3	High	Medium	High		High	High
III	Psychoanalytic Psychopathology of Trauma and Traumatismes	High	Medium	High		High	High
III	Art Therapy Methods	Medium	High	Medium		Medium	High
III	Professional Practice		High	High			High
IV	Master's Thesis	High	High	High	High		High
I	Literature - Text Analysis		High	Medium	High	Medium	Medium
I	Motives and Stories of the World Literature		High	Medium	High	Medium	Medium
I	Philosophy –Aestetic Upbringing and Idea of the Whole Human Being		High	Low	High		Medium
I	Philosophy – Philosophy and Art. Perspective of Critical Theory		High	Low	High		Medium
I	Research Desing and Methodology					High	Low
II	Philosophy – Introduction to Soren Kierkegaard's philosophy		High	Low	High		Medium
II	Philosophy – the Issue of Interrelationship of Art, Religion and Philosophy in German		High	Low	High		Medium

	Philosophy					
II	Theology – Introduction to Christian Spirituality	High	Medium	High		Medium
II	Theology - Religious Motives and Stories	High	Medium	High		Medium
III	Theology - Christian Civilization	High	Medium	High		Medium
III	Theology – Angels or Demons, Kidness or Evil	High	Medium	High		Medium
III	Psychological Anthropology	High	Low	Medium		Medium
III	Fundamantals of Semiology	Medium	Low	Medium		Medium
III	Narrative Analysis in Psychology	Medium			High	Low

## Human Resources of Program

Nº	Name, Surname	Status	Course
1	Natia Panjikidze	Associate Professor	Abnormal Psychology 1
			Abnormal Psychology 2
			Abnormal Psychology 3
			Art Therapy Theories
			Art Therapy for Mental Disorders
			Art Therapy Methods
2	Shalva Maminashvili	Associate Professor	Fundamental Concepts of Psychoanalysis
			Fundamentals of Psychoanalytic Anthropology and
			Socium Clinic
			Psychoanalytic Psychopathology of Trauma and
			Traumatismes
3	Davit Andriadze	Invited specialist	World Art History (from beginning to present)
			World Art History (modern era)
			Fundamantals of Semiology
4	Dimitri Chubinidze	Invited specialist	Psychological Anthropology
5	Luka Nakhutsrishvili	Invited specialist	Philosophy –Aestetic Upbringing and Idea of the
			Whole Human Being
			Philosophy – Philosophy and Art. Perspective of
			Critical Theory
			Philosophy – Introduction to Soren Kierkegaard's
			philosophy
			Philosophy – the Issue of Interrelationship of Art,
			Religion and Philosophy in German Philosophy
6	Tamar Grdzelidze	Invited specialist	Theology – Introduction to Christian Spirituality
			Theology - Religious Motives and Stories
			Theology - Christian Civilization

			Theology – Angels or Demons, Kidness or Evil
7	Maia Panjikidze	Professor	Literature - Text Analysis
			Motives and Stories of the World Literature
8	Natia Mestvirishvili	Assistant-Professor	Research Desing and Methodology
			Qualitative Resaerch in Psychology
			Narrative Analysis in Psychology